

FASTER Way Hydration

Lemon Lime
Berry



HYDRATION

Superior Salt, Best-in-Class Hydration

Serving Size: 1 stick (5.8g), 596mg Sodium

30 servings per container

How is FASTer Way Hydration better than the leading brands?

The key is the unique use of our ultra-premium Celtic Sea Salt -- one of the planet's purest and most mineral-rich salt sources. Combined with exotic Spanish mineral salt, it creates the optimum sodium-potassium balance to drive hydration into every cell. Our supplement uses a proprietary blend of our premium Celtic Sea Salt with potassium, apple cider vinegar, probiotics and our secret weapon, brain-enhancing Choline. Additionally, our elite formula contains ingredients like probiotics and B vitamins to support gut health, brain energy, immunity and nutrient absorption.



Why is Celtic Sea Salt important?

Celtic Sea Salt is an unrefined, minimally processed sea salt that contains a full spectrum of naturally occurring minerals beyond just sodium and chloride. It's a more complete, high-quality source compared to basic table salt/sodium chloride which is stripped of other beneficial minerals during processing. Inferior mineral sources don't give you much more than refined sodium chloride, but proper hydration requires replenishing a balanced variety of electrolyte minerals. Celtic salt provides a more complete, alkalizing source of electrolytes compared to heavily processed, acid-forming table salt.

Why does the balance of sodium and potassium matter?

Sodium and potassium work together to regulate fluid balance in the body. This prevents bloating, puffiness and water retention issues.

Potassium is also critical for proper muscle and nerve function. An imbalance favoring high sodium can impair these functions.

Many people are deficient in potassium from not eating enough fruits, vegetables and other potassium-rich foods. Hydration formulas skewed heavily towards sodium do not help correct this deficiency.





Why do I need electrolytes?

Plain water lacks the mineral balance and nutrient catalysts for complete hydration. Minerals are important to our health, and most people do not get enough, or the right balance. FASTER Way Hydration is designed to provide balanced hydration, support gut and immune health, provide energy and brain support, and aid in nutrient absorption from food.

How is FASTER Way Hydration different from other popular electrolyte drinks?

Unlike most electrolyte or sports drinks, FASTER Way Hydration does not contain any sugars, artificial colors/flavors or other unnecessary additives. It is designed to provide hydration through balanced electrolyte replenishment from high-quality mineral sources, rather than rehydrating through loading up on sugary calories like many sports drinks do. And, we've added ingredients to go beyond basic hydration and also boost immunity, along with brain and gut health benefits. The formula takes a more holistic approach compared to basic electrolyte replacement drinks.



How does FASTER Way Hydration help me with my workouts?

Did you know the more water you drink the more **dehydrated** you become? That's correct! You need electrolytes to fully enjoy the benefits of being hydrated.

Many clients who use electrolytes feel an energy burst right away!

Our formula is exactly how hydration should make you feel:

- All-day energy surge powered by Vitamin B12 and electrolytes†
- Clear, focused thinking from brain-boosting Choline†
- Rapid recovery from our proprietary blend of hydrating minerals†
- Max nutrient absorption from gut-healthy probiotics†
- Bonus health-promoting properties from apple cider vinegar†



How do I use FASTER Way Hydration?

FASTER Way Hydration has the perfect balance of salty and refreshing flavor in both its Lemon Lime and Berry flavors. You can enjoy either in any drink you prefer, but hydration packets mix well with water and give it a tasty twist. It's particularly refreshing during a workout or just after an intense activity, such as running. Enjoy FASTER Way Hydration anytime and you can be confident it won't break your fast if you're using it in the morning. We recommend one packet (596mg sodium) per 20oz of water for optimal taste and benefit.

What is the full list of ingredients?

Berry: Celtic Sea Salt, Citric Acid, Choline Bitartrate, Natural Flavors, Red Algae, Monk Fruit Extract, Beet Root Juice Extract, Apple Cider Vinegar, Stevia Leaf Extract, bacillus subtilis AB22, Vitamin B12

Lemon Lime: Celtic Sea Salt, Citric Acid, Choline Bitartrate, Natural Flavors, Red Algae, Monk Fruit Extract, Apple Cider Vinegar, Stevia Leaf Extract, bacillus subtilis AB22, Vitamin B12



FASTER WAY

T O F A T L O S S ®



FASTER Way Hydration: Superior Salt, Best-In-Class Hydration.

This clean, delicious formula is exactly how hydration should make you feel:

- All-day energy surge powered by Vitamin B12 and electrolytes†
- Clear, focused thinking from brain-boosting Choline†
- Rapid recovery from our proprietary blend of hydrating minerals†
- Max nutrient absorption from gut-healthy probiotics†
- Bonus health-promoting properties from apple cider vinegar†

With our patented formula, FASTER Way Hydration is more than hydration, it's the perfect complement to your overall health and wellness routine.



CELTIC SEA SALT



VITAMIN B12



PROBIOTICS



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DISCLAIMER

FASTER WAY

TO FAT LOSS®



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